

Bio - Dr. Eckart von Hirschhausen

Dr Eckart von Hirschhausen (born 1967) studied medicine and science journalism in Berlin, London and Heidelberg. His speciality: communicating medical content in a humorous way. He gives lasting impulses that stick: on television, as a non-fiction author, at congresses or as a keynote speaker. “Planetary health” means to him to give the protection of our livelihoods and a future fit for our grandchildren the highest priority. To this end, he founded the Healthy Earth - Healthy People Foundation in 2020. The interdisciplinary team links science, politics, healthcare and civil society and communicates in a positive, humorous and solution-oriented way. The „What if“ and “#dafür!“ campaigns have reached millions of people.

Hirschhausen has published numerous books and articles on the subject of climate and health protection, including ‘Mensch Erde! Wir könnten es so gut haben“, „Jetzt oder nie: Nachhaltigkeit im Gesundheitswesen“ and „Als ich auszog, die Erde zu retten“.

For ARD, the information programme hosts [„Wissen vor 8 – Erde“](#) and shoots numerous [documentaries](#) on current topics such as coronavirus and the future of medicine.

He is a much sought-after speaker and source of inspiration at congresses and conferences and has several teaching assignments. As an ambassador, patron and advisory board member, he volunteers for the Senckenberg Society for Nature Research, the DFL Foundation, Depression Aid, German Cancer Aid and Phineo. With the school programme against tobacco addiction “Be smart - Don't start” and as an ambassador for “Fit4Future”, he brings healthy ideas to the education sector.

Eckart von Hirschhausen is an honorary member of the faculty of the Charité, a member of the Sustainability Advisory Board of the state of North Rhine-Westphalia and the German CLUB OF ROME e.V. society, an honorary professor at the University of Marburg, “Friend of Nursing” of the German Nursing Council and an ambassador for Global Health of the 2030 Agenda. He has received the “Media Prize of Environmental Aid”, the “Georg von Holtzbrinck Prize for Science Journalism” and the “Science Communication Prize 2023” of the Leopoldina for a Sustainable Future, among others. He was also co-organiser of “DLD Capital Nature 2024” and curator of the “Digital X” sustainability stage.

He lives in Berlin, is married, a Protestant and never gives up hope for positive change.

More about Eckart von Hirschhausen here: www.hirschhausen.com, www.stiftung-geg.m.de and www.humorhilftheilen.de an on the channels at [YouTube](#), [Instagram](#) and [LinkedIn](#).