

## Bio - Dr. Eckart von Hirschhausen

Dr. Eckart von Hirschhausen (born 1967) studied medicine and science journalism in Berlin, London and Heidelberg. His speciality: conveying medical content in a humorous way. He gives lasting impulses that stick: on television, as a non-fiction author, at congresses or as a keynote speaker. For him, "planetary health" means giving top priority to the protection of our livelihoods and a future fit for grandchildren. To this end, he founded the *Stiftung Gesunde Erde – Gesunde Menschen* in 2020. The interdisciplinary team links science, politics, health care and civil society and communicates in a positive, humorous and solution-oriented way. The campaigns "What if" and "#dafür!" have reached millions of people.

Hirschhausen has published numerous books and articles on climate and health protection, including "Mensch Erde! Wir könnten es so schön haben", "Jetzt oder nie: Nachhaltigkeit im Gesundheitswesen" and "Als ich mich auf den Weg machte, die Erde zu retten".

For ARD he presents the Saturday evening show „[Was kann der Mensch?](#)“ (What can man do?) and the information programme on the German TV channel „[Wissen vor 8 – Erde](#)“ (Knowledge before 8 - Earth). He also makes [documentaries](#) on current topics such as Corona or the future of medicine.

He is a sought-after speaker and source of inspiration at congresses and conferences and has several teaching assignments. As an ambassador, patron and advisory board member, he is active on an honorary basis for the Senckenberg Gesellschaft für Naturforschung, the DFL Foundation, Depressionshilfe, Deutsche Krebshilfe and Phineo. With the school programme against tobacco addiction "Be smart - Don't start" and as an ambassador of "Fit4Future", he brings healthy ideas to the education sector.

Eckart von Hirschhausen is an honorary member of the faculty of the Charité, a member of the sustainability advisory board of the state of North Rhine-Westphalia and of the German society CLUB OF ROME e.V., honorary professor of the University of Marburg, "Friend of Care" of the German Nursing Council and Ambassador for Global Health of the Agenda 2030. He received, among others, the "Medienpreis der Umwelthilfe", the "Georg von Holtzbrinck Prize for Science Journalism" as well as the "Science Communication Award 2023" of the Leopoldina for a Sustainable Future.

He lives in Berlin, is married, Protestant and does not give up hope for positive change.

You can find out more about Eckart von Hirschhausen at: [www.hirschhausen.com](http://www.hirschhausen.com), [www.stiftung-gegme.de](http://www.stiftung-gegme.de) and [www.humorhilftheilen.de](http://www.humorhilftheilen.de) as well as on his [YouTube](#) , [Instagram](#) and [LinkedIn](#) channels.